

**Thank you for joining us!**

Please make your choices and order at the bar. Your food will be served to your table.

**Our chefs' promise to you...**

Your meal will be prepared to order on the premises.

Your meal will always be made by our chefs with fresh ingredients.

We aim to source your food from local independent suppliers.

Your ideas, views and feedback will always be valued.

info@thetaproom.co.uk  
www.thetaproom.co.uk

**Kitchen Opening Times**

9:00am to 9:00pm

**Happy Hour**

**Sunday – Thursday**

4:00pm to 7:00pm

**Additional Requirements**

If you have any allergies or intolerances please speak to our staff about the ingredients in your meal when placing your order.

**(V)** = Vegetarian

**(G)** = Gluten Free

**(VV)** = Vegan Option

All of our dishes may contain traces of nuts

**Main Breakfasts**



Each of our main breakfasts is served with your choice of bread.

**Full English**

**£8.50**

Smoked bacon, Lincolnshire sausage, mushrooms, baked beans, hash brown and egg cooked to your choice.

**Vegetarian**

**£7.50**

Vegetarian sausage, grilled tomato, mushrooms, baked beans, hash brown and egg cooked to your choice. **(V)**

**Vegan**

**£7.50**

Vegan sausage, grilled tomato, mushrooms, hash brown, sautéed spinach and baked beans. **(VV)**

Gluten free breakfast also available.

**Breakfast Rolls and Sandwiches**

Served on your choice of fresh granary, white or gluten free bread or a rustic bread roll.

Smoked bacon

Lincolnshire sausages

Fried egg sandwich **(V)**

Vegetarian sausage **(VV)**



**£4.50**

**£5.00**

**£3.50**

**£4.50**

**Something Different**

**Poached Egg Benedict**

**£7.00**

Two soft poached eggs, smoked bacon and hollandaise sauce served on a toasted English muffin.

**Avocado and Tomato Sourdough (VV)**

**£5.50**

Crushed avocado with grilled cherry tomatoes served on two slices of crisp sourdough with omega seeds, a squeeze of lime and a balsamic glaze.



**Something Lighter**

Granary, white or gluten free toast with;

Your choice of jam, honey, marmalade or Marmite

Baked Beans

Poached or scrambled eggs

**£2.50**

**£4.00**

**£4.00**

Toasted teacakes or scone with butter, jam and cream. **(V)**

**£2.50**

**HOT DRINKS**

All our coffees are made from freshly ground Piazza D'Oro beans - the finest coffee you will find!

We have a wide selection of teas available:

**Espresso**

**£2.00**

**English Breakfast**

**£2.20**

**Americano (black or white)**

**£2.20**

**Earl Grey**

**£2.40**

**Cappuccino**

**£2.50**

**Peppermint**

**£2.40**

**Latte**

**£2.50**

**Green Tea**

**£2.40**

**Flat White**

**£2.50**

**Camomile**

**£2.40**

**Macchiato** espresso with a scoop of foamed milk on top

**£2.40**

**Selection of Fruit Teas**

**£2.40**

**Mocha** with steamed milk and chocolate sprinkles

**£2.80**

**Babyccino** extra-foamy milk, cappuccino minus the caffeine **70p**

**Double Shots** double strength espresso as a base with twice the taste and twice the caffeine - just an extra **30p**

Soya and almond milks available at an extra cost of **30p**

